

May 12–18, 2013 womenshealth.gov/nwhw

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## CARTERSVILLE OB/GYN TO HOLD FREE HEALTH-SCREENING IN CELEBRATION OF NATIONAL WOMEN'S HEALTH WEEK

**CARTERSVILLE, GA; May 1**—Cartersville Ob/Gyn Associates will join the Office on Women's Health within the U.S. Department of Health and Human Services in celebrating National Women's Health Week. On May 18, the medical practice will hold a health-screening event where women in the community can get free, preventative testing for common female health conditions and diseases.

National Women's Health Week is a nationwide initiative that promotes the importance of women's health. During the week, healthcare organizations and providers, businesses, communities and individuals come together to raise awareness of women's health, and support women in taking simple, manageable steps for leading longer, healthier and happier lives. These include: visiting a health care professional to receive regular checkups and preventive screenings; getting and staying active; eating healthy; paying attention to mental well-being, including managing stress and getting enough sleep; and avoiding unhealthy behaviors such as smoking.

"Women are often the caregivers for their families and can forget to make their own health a priority," said Hugo Ribot, M.D., managing partner of Cartersville Ob/Gyn. "National Women's Health Week is important because it encourages women to take time for their health. It reminds them that they, too, need to see their doctor regularly and make sure their screenings are up-to-date, as well as lead a healthy lifestyle."

Ribot said that his practice's health-screening event will provide free testing for high blood pressure, cholesterol levels, diabetes and anemia, as well as ultrasound screening for gynecological and pelvic abnormalities. "These tests can detect, help diagnose and prevent certain health conditions from becoming serious or even fatal health problems," he added.

Cartersville Ob/Gyn's Health-Screening Event will be held on May 18, from 9 a.m. to 11 a.m., in the practice's medical office, located at 958-A Joe Frank Harris Parkway, Suite 102. Women must register prior to the event by calling 770-386-4824.

(more)

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Founded in 1984, Cartersville Ob/Gyn Associates provides comprehensive obstetrical, gynecological and well-woman care services, and is the only ob/gyn practice in Georgia with an onsite, fully accredited outpatient surgery center for performing all major and minor gynecological procedures. For more information, visit: <a href="https://www.cartersvilleobgyn.com">www.cartersvilleobgyn.com</a>.

The 14<sup>th</sup> annual National Women's Health Week kicks off on Mother's Day, May 12, and will be celebrated until May 18, 2013. For more information, visit: <a href="www.womenshealth.gov/nwhw/">www.womenshealth.gov/nwhw/</a>.

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